

Employee Health Center



FollowMyHealth[®]
Universal Health Record

Access Your Medical Information Online



Welcome to the all-in-one personal health record and patient portal that lets you access your health information online and on the go!

Join the new generation of patients taking a more active role in managing their health and wellness.

Sign up today at:

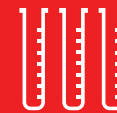
JohnsonCity.FollowMyHealth.com

You may also access the above link at:

JohnsonCityTN.org

JCSchools.org

For more information, call 423-302-2695 or Toll Free 844-695-6742
email FollowMyHealthSupport@msha.com



View test
and lab
results



Send and
receive secure
messages



Set up proxy accounts
for children and
dependent adults



Schedule
appointments

24/7 online access from any
computer, smartphone or tablet!

Create your FREE portal account using your smartphone and you can access your medical records before you leave our office!

Get Started...

It's as Easy as 1, 2, 3.



Check your personal records anywhere, anytime using a computer, smartphone or tablet.



Make more informed health decisions for yourself and your family.



Save valuable time with online communication and scheduling tools.



Manage your entire family's healthcare in one spot.

- 1 Click the registration link in the email you receive from noreply@followmyhealth.com.
- 2 Create your portal login using a unique username and password.
- 3 Enter the invitation code provided by your medical organization and click "Agree" to the release of information.



You will receive two emails:

- one welcoming you to the portal
- one confirming your connections with our organization

You now have 24/7, secure online access to our patient portal and your medical information!



Access your medical information on the go!
Download the free portal app at your Apple or Android store.
Enter FollowMyHealth in the search field.